

PAIN SCALE

Name: _____ Date: _____

Current Pain Description - circle any that apply

Type of pain : Sharp / Burning / Aching / Tingling / Numbness / Other : _____

Rate your pain (average) on a 1-10 scale (1 = minimal 10 = severe) Pain Level: 0 1 2 3 4 5 6 7 8 9 10



0

No
Hurt



2

Hurts
Little Bit



4

Hurts
Little More



6

Hurts
Even More



8

Hurts
Whole Lot



10

Hurts
Worst

Therapist Signature